



QUEENS PUBLIC LIBRARY

Mail-A-Book

September/October 2019

# NEWSLETTER

By Older Adult Services

## Enjoy Our Reviews By You!



### Mail-A-Book

**Books, movies, and music delivered to your doorstep for free**

Library Programs, Discussion Groups, Continued Learning Opportunities, Information, Resources, & Moderated Friendly Chats are offered via Teleconference and Livestream.

**Call Mail-A-Book to find out how to connect: 718-464-0084.**



# Read to a Child

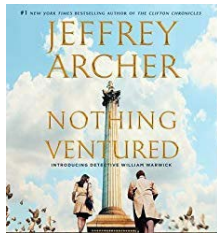
If you have a child in your life, why not ask Mail-A-Book for books to share with them? You can request picture books, chapter books, graphic novels, fiction, and nonfiction. Children's movies are also available.

Queens Public Library Mail-A-Book—  
718-464-0084

# Recommended Reading



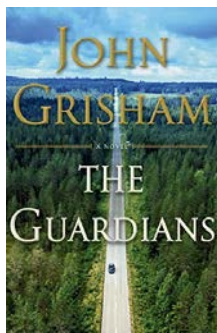
**Willie Simmons**  
Mail-A-Book Librarian



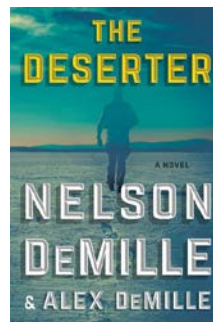
*Nothing Ventured*  
by Jeffrey Archer  
September 3, 2019



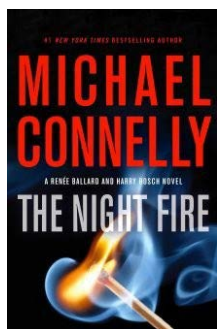
*The 19th Christmas*  
by James Patterson  
October 7, 2019



*The Guardians*  
by John Grisham  
October 15, 2019



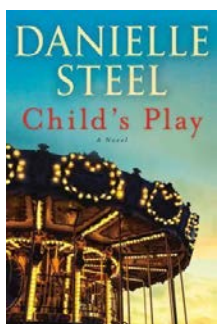
*The Deserter*  
by Nelson DeMille &  
Alex DeMille  
October 22, 2019



*The Night Fire*  
by Michael Connelly  
October 22, 2019



*The Things We Cannot Say*  
by Kelly Rimmer



*Child's Play*  
by Danielle Steel



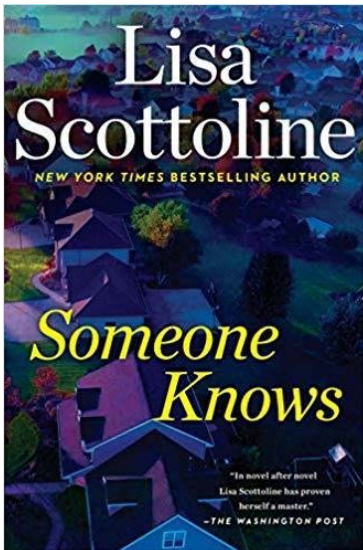
*Outfox*  
by Sandra Brown

# The Chatter Box

Book Reviews  
Written by You

## *Someone Knows*

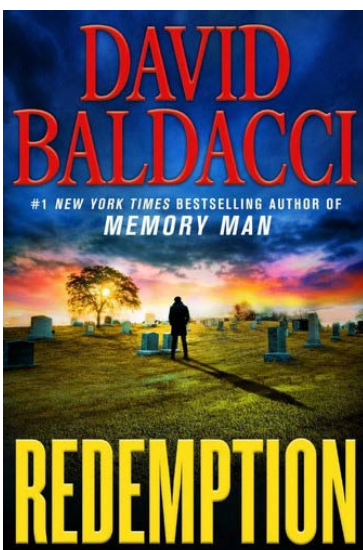
by Lisa Scottoline | Reviewed by Bonnie Sue Pokorny



Allie was 15 years old when she suffered several traumatic events. Her mother had a nervous breakdown and then, with several teenagers she slightly knew, she found a gun. The gun went off, killing one of them. The story now skips 20 years and guilt from this experience tells how they are handling this memory. They reunite when one member of the group commits suicide and you read how the effect of this event has changed their lives. It is very interesting and the end of this story will have a strange twist and surprise. Try it; you will like it.

## *Redemption*

by David Baldacci | Reviewed by Bonnie Sue Pokorny



Amos Decker is a very interesting person. He suffered a brain injury and now cannot forget anything. While this is very helpful as a FBI agent, it is also painful as he constantly relives the deaths of his wife and daughter. Amos has taken a few days off to visit the graves and at the cemetery a man who Amos had put in jail decades ago meets with him. The man explains that he has been released for compassionate care because he is dying of cancer. His dying wish is that Amos prove that he had not committed the murders and that he was innocent. Amos agrees to meet with him later and when he does he discovers that parolee had been murdered. And so starts the investigation and more murders as the plot thickens. This is very enjoyable and will keep on your toes to the very end.

## *News of Our Loved Ones*

by Abigail De Witt | Reviewed by Kathy Cohen Pokorny



This is lovingly told, with beautiful language which evokes the French spoken by the characters in this novel about a family enduring the German occupation of France during World War II. The author, a short story writer whose work has appeared in the *Carolina Quarterly*, *Five Points*, *Witness* and *Alaska Quarterly Review*, weaves together the first person narratives of different family members to create a suspenseful story about the Delasalles in Normandy, France.

Sixteen-year-old Yvonne has fallen in love with a red-haired boy who peddles by her window every day around 2 PM, despite suffering constantly from hunger caused by the Germans' taking French food for their soldiers and civilians and leaving the French with nothing. While living in extraordinary circumstances each member of the family manages to eke out something of a normal existence. The eldest daughter goes to live in Paris to study music while Maman, Tante Chouchotte, and stepfather Uncle Henri manage to hold the rest of family together. The varied strand of the lives of this family are brought together at the end of the book by Genevieve, the musician daughter, who marries an American GI at the end of the war and goes to North Carolina to make a new life.

## ***Fifty Things That Aren't My Fault***

by Cathy Guisewite | Reviewed by Marion Mango



Many of us can recall the iconic, humorous yet thought-provoking comic strip “Cathy” created by the author. It came at a time when we were on the threshold of our society’s coming to terms with more women entering fields --- mainly the workforce and higher education---in increasing numbers and when we had to make difficult choices between traditional and non-traditional roles. Some chose to combine the two by becoming highly educated working mothers. The challenges faced by them and those of us already out there---especially the single ones---were grist for Guisewite griddle.

Cathy’s drawings and chapter titles alone are cause for chuckles: “Why There’s a Lifeless Body in Dressing Room Number Two” tells the tale of her battles with sports bras and is infinitely relatable. Another “Diary of a Bubble Wrapped Scrap” is more than amusing. Several essays cover more serious topics including aging parents,

children (her daughter entering college), relationships in general with food, clothing, technology, and our swiftly-changing society, all of which Cathy handles with grace and style, and her trademark gentle humor.

This volume could be a practical guide to roads some have already traveled but maybe missed a turn off or two, those we’ve yet to explore, and some we think we never will. All in all, you will leave these pages with a smile and a laugh, and wonder if there isn’t a bit of Cathy in us all.

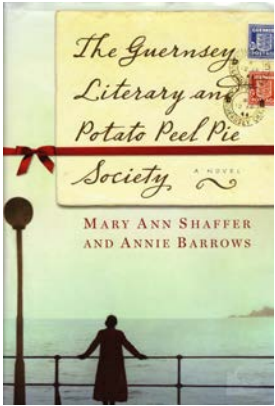
Cathy Guisewite was born and raised in the Midwest. She has a BA in English and is the mother of adopted daughter Ivy and stepson Cooper Wilkinson. She is the recipient of the National Cartoonist’s Reuben Award as well as an Emmy.

Her other books include “Another Saturday Night of Wild and Reckless Abandon,” “The Wedding of Cathy and Irving,” (her boss) and “The Mother-Daughter Dance.”

Enjoy! AACK !

## ***The Guernsey Literary and Potato Peel Pie Society***

by Mary Ann Shaffer and Annie Barrows | Reviewed by Marion Mango



The title of this historical novel, with touches of romance, humor, and mystery, is both intriguing and tongue twisting!

In early 1946, Juliet Ashton, a writer based in a London still reeling from the ravages of World War II, is having a difficult time finding inspiration for her next book. Since losing her family during that conflict, she has become engaged to an American whom many deem a dullard. Imagine her surprise upon receiving a letter from Mr. Dawsey Adams, a pig farmer on the remote island of Guernsey in the English Channel which had been occupied by the Nazis during the war. It seems he found her name and address inside the front cover

of an old volume containing the works of a famous author about whom he would like to learn more. However, the tiny local library was all but completely sacked as a result of the occupation.

There remains a multi-layered mystery--- the disappearance of Elizabeth, a courageous young woman and leader of the local underground resistance. But no one will reveal what happened to her. To camouflage their espionage activities, a book club was formed--- The Guernsey Literary and Potato Peel Pie Society. The second part of their name was based on an almost inedible dish invented by a local after the Nazis took most of their sustenance.

Juliet decides to put her career and engagement on hold and embarks on a life-changing journey to the pastoral isle of Guernsey where she finds not only romance and inspiration for her next book, but also a deep connection to the local community which becomes for her another family. She also learns of the devotion and sacrifice that bonded them together.

Mary Ann Shaffer, a librarian who lived in California and was an executive editor at Harper and Row, and her niece, Annie Barrows, a popular, award-winning writer of children's books, collaborated on this warm-hearted, poignant story and celebration of the written word.

This unusual book is written in the form of private letters between the characters in which they reveal their personalities in wonderful ways. Enjoy this *New York Times* international bestseller!

Available in Large Print.

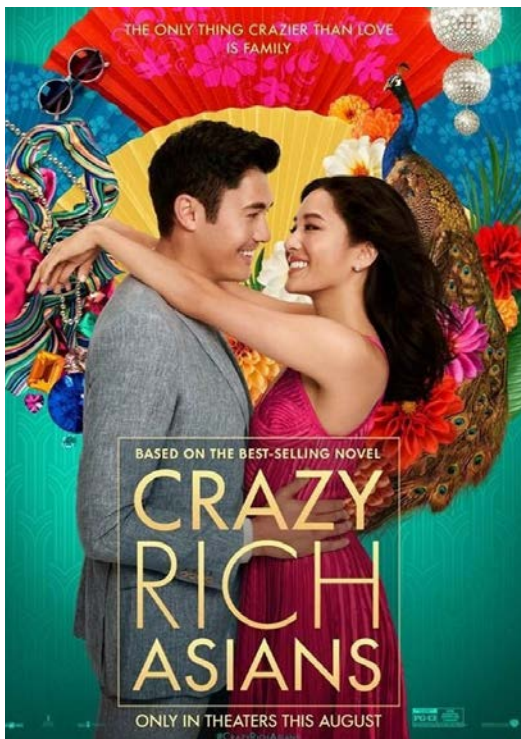
# Movie Review

by Marion Mango

## Crazy Rich Asians

starring Constance Wu, Ken Jeon, Michelle Yeoh, and Henry Golding

DVD/PG-13/120 Mts/2018/Romcom



If you're looking for a delightful romantic comedy the likes of which we haven't seen since the heydays of screwball comedy, then this charming film is for you!

Based on Kevin Kwan's bestselling novel, it tells the "Cinderella Story" of New Yorker Rachel Chu (Constance Wu), the daughter of an immigrant single mother, who is now a professor of economics at NYU---a goal she and her proud parent have worked long and hard to achieve.

Enter her long-time boyfriend, Nick Young (Henry Golding) who invites her to his best friend's wedding in Singapore. Unbeknownst to Rachel, he is the son of a fabulously wealthy family in Singapore and Malaysia. Her suspicions are aroused as to his background at the airport when the couple is shown to a private cubicle on the plane. She tells the stewardess there

must have been a mistake since they must be traveling economy class. Upon their arrival in Singapore they are met by an entourage of luxury limos and driven to a secluded spot in the outskirts of the city. There she meets the fabulously rich members of his family and is exposed to their "crazy, rich lifestyle" the likes of which she never could have imagined. At first she is rebuffed by his mother (Michelle Yeoh), who tests Rachel's love for her son. They all attend the most extravagant wedding anyone has ever seen and it all ends well.

The book and DVD are available from the library.

Enjoy! Tsaitien !

P.S. If you're a foodie, better wear a bib. You'll be drooling big time!



# Poetry

## Written by You

### ***Have You Read A Poem That*** By Mary Stallings

You enjoyed so well  
That you read it over and over.  
I've found so many  
That hit me that way.

Can't memorize them all  
But a spark pops in my head  
When I hear them again.

Some poems have feelings  
That take you into the moment  
Some poems are happy  
That make you laugh  
Some are sad  
That take your spirit low

But isn't it great  
You have a choice.

### ***Birthday Remembrance*** By Mary Stallings

I remember that little  
Blue's Clues guy  
Who wanted everything  
advertised Blue's Clues.  
( in my book you're still that little  
guy)

But things have changed  
You have now become a young man  
With new choices of your own  
Be wise in what you choose.

Life can be wonderful  
Just give it a chance

My wish for you today  
Is that your birthday is  
Just as wonderful as you have always  
been to me.  
Be blessed, be happy  
You're loved.

## ***The World I Dream***

By Mary Stallings

I'd be one of those new brooms  
with a zoom.  
To sweep the world clean  
By any means.

Where hatred you no longer see  
Just love for you and me.

Love can mingle  
Like a can full of Pringles.

Harmony lives between cat and  
dog combat  
Even when they're having their  
biggest spat

Diseases and illnesses all  
eradicated  
Everyone happy, not medicated

People stop being greedy  
And help the needy

A person could walk down a street  
Not being afraid of who they meet

No more wars exist  
And love is in the mist

No more killing and robbing  
And all the people sobbing

With God's grace this dream  
Can become a reality.

## ***Painterly Poet***

By Marion Mango

A page  
is a canvas  
upon which  
we paint  
with words.

Our poems  
present a vision,  
more ethereal  
than ephemeral,  
and leave a trace  
in the space  
between our  
minds and hearts.

## ***Melting Pot***

By Marion Mango

Our country is indeed  
a melting pot---  
not  
in the sense that  
we disappear as individuals  
but  
by the fact that,  
regardless of our divergent  
ethnicities'  
we each have  
something to contribute  
to the culture and future  
of our country.

## ***Hector Jose***

By Marion Mango

Hector Jose  
you  
stole my heart  
away,  
with a  
toss of blond curl;  
you could have  
kissed  
any girl,  
but  
instead  
you chose  
me---  
I sure am  
lucky---  
but  
will you  
feel the  
same way  
on your  
fifth  
birthday?

## ***Daffy-nations***

By Marion Mango

bouncer: rubber check writer  
bubble wrap: champagne packaging  
hairdresser: person who makes waves  
wrinkles: age's dimples

## ***Pigeon Holes***

By Marion Mango

Wouldn't it be  
wonderful, fantastic, delightful, comforting  
if each one of us would be accepted  
for ourselves as we are ---  
instead of being pigeon-holed  
because of our beliefs, age, gender,  
Ethnic group, or job?  
Not to be put into a box, cubicle,  
or computer but accepted as a person,  
a whole being.  
I wouldn't mind being "person-wholed,"  
Would you?

## **Share your creativity!**

Drawing, Watercolor, Poetry,  
Essays, Memories, and Recipes

Send your work to Mail-A-Book.  
Originals will be scanned and  
returned to you.

Who knows? You may end up on  
the cover of our Newsletter.

# Older Adult Services at Queens Public Library

## ADULT LEARNER PROGRAM

Queens Public Library's Adult Learner Program provides free classes, small group tutoring, and other learning opportunities to help customers learn English, learn to read and write, and obtain a high school diploma. As part of the Library's Adult Learning services, job search help, business

development help, job skills training, international cultural programs, informational workshops for new immigrants, and community-based English classes are available to customers through the Job & Business Academy and the New Americans Program.

## ADULT LEARNING CENTERS

Queens Public Library system has seven Adult Learning Centers staffed by professionals and volunteers, who tutor literacy groups, facilitate

ESOL conversation groups, and lead other workshops and classes. For more information, email [alpref@queenslibrary.org](mailto:alpref@queenslibrary.org)

## ASK A LIBRARIAN

Ask-a-Librarian staff are available seven days a week (hours vary) to provide brief answers to factual questions or suggest resources to help customers find the information they seek.

Customers can submit questions by phone, live chat, email, or phone text. All information is kept confidential. Call 718-990-0728. To chat, go to [queenslibrary.org](http://queenslibrary.org).

## ASK A MEDICAL LIBRARIAN

Medical Librarian Al Piedra is available at Central Library's Consumer Health Resources Center to answer questions and help with research. All

information is kept confidential. Call 718-990-5130, fax 718-990-8570, or email [apiedra@queenslibrary.org](mailto:apiedra@queenslibrary.org).

## CLUBS

Check with your favorite library. Many of our libraries offer clubs such as Sewing, Knit & Crochet, Quilting, Mahjong, Adult Coloring, Art Clubs (drawing and watercolor), Family Board

Games, Chess, and Scrabble. Older Adult Services can help you find a club. Call 718-464-0084 for assistance.

## COMMUNITY HEALTH

Queens Public Library offers health education, information, and activities on topics affecting our communities to raise awareness of public health issues and guidelines and support health literacy.

## COMPUTER TRAINING

The Cyber Center at Central Library (Jamaica) offers a range of classes appropriate for older learners, including beginning classes on using computers, the Internet, email, Microsoft programs, Google, Facebook, and other technologies and social media. Call 718-990-0769 for more

information. Other introductory classes on using Mac and PC computers, the Internet, email, Microsoft and Adobe programs, social media and ebooks and e-readers are also offered at Central Library and other select locations. Call 718-990-8625 for more information.

## CONSUMER HEALTH RESOURCE CENTER

The Consumer Health Resources Center at Central Library contains encyclopedias, source-books, directories, journals, and online databases that customers can use to learn more about

a prescription drug, disease symptoms, or a doctor's credentials and find other information to help them take care of their health. For more information, call 718-990-5130.

## DISCUSSION GROUPS

Books, short stories, film screenings, and topical discussion groups.

## EXERCISE

Gentle Yoga, Chair Yoga, Zumba Gold, Shape Up NYC, and more!

## LIFE-LONG LEARNING

Creative Aging offers sequential learning courses to help older adults have a renewed relationship with their library, a destination for learning and socialization. We provide grant-funded courses such as Drawing, Watercolor, Collage, Quilting,

Sewing, and Acrylic Painting, Memoir Writing and other interesting creative projects are offered. For more information, contact Older Adult Services at 718-464-0084 / 718-776-6800.

## MAIL-A-BOOK HOMEBOUND SERVICES

If you are unable to get to your library due to age or disability, Queens Public Library will send books, movies, and music to you free of charge through the US Postal Service. Return postage is provided. Telephone reference services are also provided to homebound customers. If you need help deciding

what to read next, our Mail-A-Book Librarian will assist you. To find out more about this great service please call 718-464-0084 or email us at [mailabook@queenslibrary.org](mailto:mailabook@queenslibrary.org).

## MUSIC AND ENTERTAINMENT

See the Queens Public Library Magazine for a full listing of adult programs.

## NEW AMERICANS PROGRAM (NAP)

Queens Public Library's New Americans Program provides programs and services to help immigrants integrate into American society, while at the same time sharing their diverse cultures with the community-at-large. Programs of interest to older adults include ESOL classes at over 20 community libraries (For information call 718-480-4300); Citizenship Preparation through monthly Pathway to U.S. Citizenship workshops, formal citizenship classes at several libraries and quarterly Citizenship Assistance Clinics at Central and Flushing Libraries. In addition, we offer the NYCitizenship program through the Mayor's Office of Immigrant Affairs where customers can make appointments for free

legal services related to naturalization as well as a program through the Immigrant Justice Corps for free legal services related to many immigration issues (For information on citizenship or legal services call 718-990-0730). Held in libraries throughout Queens, cultural arts programs, featuring music, dance and crafts, celebrate the arts and literature of Queens' ethnic communities: Coping skills workshops in English and the major immigrant languages of Queens include health, housing, immigration law, and computer classes in Spanish and Bengali. (For information see the Queens Public Library Magazine, call 718-990-0894, or email [napref@queenslibrary.org](mailto:napref@queenslibrary.org)).

## ROTATING DEPOSIT COLLECTIONS

Collections of library materials (books and movies) are maintained at nursing homes throughout Queens; they are changed and updated every 6

weeks so new materials are always available to residents.

## VIRTUAL PROGRAMMING

Queens Public Library offers a full calendar of virtual programming via teleconference, Skype, and Livestream, geared toward the needs and interests of older adults, including topical discussions, health topics in English and Chinese, art history lectures, games, poetry, history, and

more. These programs are offered as an extension of the Mail-A-Book program; however you do not have to be homebound to join in. These programs are open to all adults. Please register with Older Adult Services for all virtual programs at 718-464-0084.

# ***Are You Getting All Your Benefits?***

**LiveOn NY may be able to help you!**

**SCRIE/DRIE** (Rent Freeze Program)

**HEAP** (Home Energy Assistance Program)

**Medicaid**

**Medicare Savings Program**  
(Pays for Medicare Part B Premium)

**Low Income Subsidy** (LIS)

**EPIC** (Elderly Pharmaceutical Insurance Program)

**SCHE/DHE & Veteran's Homeowners' Exemptions**

**STAR & Enhanced STAR**  
(School Tax Relief Program)

**LIFELINE**

**Information & Referrals**



**LiveOn NY™**

Making New York a better place to age

**To speak with a benefit specialist,**

**call LiveOn NY**

**at**

**(212) 398-5045**

**or email: [benefits@liveon-ny.org](mailto:benefits@liveon-ny.org)**

# Mail-A-Book Tips

- Mail-A-Book Library materials circulate for 45 days.
- If you need more time, we are happy to renew your items. Call Mail-A-Book to renew at 718-464-0084.
- We suggest that you check out at least two items at a time. If requested, we can send them to you in two separate bags—that way you will always have something to read, while we are working on your next order.
- You are allowed to check out up to 50 items on your account, but only 10 DVDs at a time please.
- Library materials are usually chosen for you by our Mail-A-Book Librarian, based on preferences set up during registration (favorite authors, titles, subjects, Large Print, Regular Print, Audio, Movies). Let us know if your preferences have changed.
- “Special Request” customers choose their own library materials and are only sent items they specifically request.
- In order to remain an active member of Mail-A-Book, it is recommended that “Special Request” customers check out at least 2 items every 3 months.
- Return postage/postcard and plastic strip are included inside the reusable mail bag. Check inside the book jacket.
- When reclosing the mail bag with the plastic strip, please leave a little room for us to clip open the bag. Don’t pull the strip too tight. One black strip is all that’s needed to secure the mail bag.
- Don’t know what to read next? Ask our Mail-A-Book librarian for suggestions.
- Do you have a reference question? Don’t hesitate to call.
- **Customers who have access to the Internet can gain access to Queens Public Library’s “My Account.” Call Mail-A-Book to receive your account number and pin.**
- Its easy to request specific library materials. Here is how:
  - Call us at 718-464-0084
  - Email us at [mailabook@queenslibrary.org](mailto:mailabook@queenslibrary.org)
  - Send us a note with returned material
  - Contact us through the mail (94-11 217 Street, Queens Village, NY 11423)





# Herbs & Spices

N	N	I	M	U	C	R	E	P	P	E	P	N	F
E	C	I	P	S	L	L	A	R	V	E	T	F	A
E	F	M	H	L	I	T	O	E	E	T	L	E	A
B	O	R	T	G	L	S	N	G	U	H	A	N	A
A	T	H	Y	M	E	E	A	R	R	S	S	N	I
S	D	O	M	M	I	S	M	N	E	T	T	E	N
I	M	M	A	O	L	E	G	C	N	A	N	L	N
L	N	R	L	L	R	S	R	A	F	R	O	S	O
E	Y	E	O	I	D	I	L	L	A	A	M	E	G
L	A	S	C	A	B	F	R	R	E	N	A	V	A
C	I	T	R	E	G	N	I	G	L	I	N	O	R
G	E	M	T	U	N	N	H	A	Y	S	N	L	R
T	T	P	A	P	R	I	K	A	A	E	I	C	A
A	I	O	R	E	G	A	N	O	B	I	C	O	T

- THYME
- NUTMEG
- BASIL
- TURMERIC
- TARRAGON
- BAY LEAF
- CUMIN
- PEPPER
- OREGANO
- GINGER
- STAR ANISE
- FENNEL
- CINNAMON
- ROSEMARY
- DILL
- ALLSPICE
- SALT
- PAPRIKA
- CLOVES
- SAGE

Play this puzzle online at : <http://thewordsearch.com/puzzle/35/>

# Diabetes Foods

U	B	R	O	C	C	O	L	I	M	I	L	K	A
O	S	E	L	P	P	A	T	O	L	T	D	O	C
C	B	N	D	E	U	T	L	E	G	U	L	H	A
Y	E	E	R	B	S	B	O	A	L	U	I	V	V
S	O	V	E	K	E	T	L	E	E	C	C	E	O
T	Y	G	I	F	E	H	E	H	K	M	C	E	C
U	O	E	U	B	D	T	B	E	R	K	T	M	A
N	T	B	L	R	S	E	N	E	C	C	L	A	D
A	U	F	E	R	T	O	F	S	R	F	S	E	O
L	R	T	E	A	A	O	R	I	O	R	Y	T	O
I	K	S	M	U	N	B	S	E	S	B	I	O	C
L	E	L	E	G	H	S	P	K	G	H	E	E	E
C	Y	O	L	I	V	E	O	I	L	G	S	A	S
I	O	U	B	O	C	A	R	R	O	T	S	C	C

- BERRIES
- SEEDS
- OLIVE OIL
- BEANS
- BROCCOLI
- TURKEY
- NUTS
- APPLES
- OATMEAL
- CARROTS
- YOGURT
- CHICKEN
- AVOCADO
- BEEF
- BARLEY
- FISH
- MILK
- EGGS

Play this puzzle online at : <http://thewordsearch.com/puzzle/3891/>

# September 2019 Mail-A-Book Virtual Programs For Older Adults

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Crossword Puzzles 11am	3 BINGO 2pm	4 What Are You Reading 11am	5	6 Famous Ladies Aging Gracefully: MSW Lisa W 10am	7
8	9 Crossword Puzzles 11am	10 Chat 2pm	11 You Be The Judge 11am	12 After Hours With Oliver 8pm	13 NY Talking Tour with Karen Q 10am	14
15	16 Crossword Puzzles 11am	17 Chat 2pm	18 Poet in You 11am	19 After Hours- Bonnie's Book Discussion 8pm	20 Whitney Museum 10am	21
22	23 Crossword Puzzles 11am	24 Chat 2pm	25 Older Adults Day at Glen Oaks – No teleconferences	26 After Hours- Bonnie's Short Stories 8pm	27 STARS Performance & Chat 10am	28
29	30 Crossword Puzzles 11am					

# October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> BINGO 2pm	<b>2</b> What Are You Reading? 11am	<b>3</b>	<b>4</b> Marion's Art Class 10am	<b>5</b> Friday 8/2/19 STARS on ZOOM for Sr. Centers 10am
<b>6</b>	<b>7</b> Crossword Puzzles 11am	<b>8</b> Chat 2pm	<b>9</b> You Be The Judge 11am	<b>10</b> After Hours With Oliver 8pm	<b>11</b> Whitney Museum 10am	<b>12</b>
<b>13</b>	<b>14</b> Columbus Day	<b>15</b> Health Chat Kathy M 2pm	<b>16</b> Poet in You 11am	<b>17</b> After Hours Bonnie's Book 8pm	<b>18</b> Chat 2pm	<b>19</b>
<b>20</b>	<b>21</b> Crossword Puzzles 11am	<b>22</b> Smithsonian Native Americans 2pm	<b>23</b> BINGO 11am	<b>24</b> After Hours Bonnie's Short Stories 8pm	<b>25</b> STARS Performance & Chat 10am	<b>26</b>
<b>27</b>	<b>28</b> Crossword Puzzles 11am	<b>29</b> Chat 2pm	<b>30</b> Friendly Visiting Pgm 11am	<b>31</b>		