



QUEENS PUBLIC LIBRARY

Mail-A-Book

May/June 2019

# NEWSLETTER

By Older Adult Services



Are you  
ready for  
summer?

## Mail-A-Book

Books, movies, and music delivered to your doorstep for free

Library Programs, Discussion Groups, Continued Learning Opportunities, Information, Resources, & Moderated Friendly Chats are offered via Teleconference and Livestream.

Call Mail-A-Book to find out how to connect: 718-464-0084.



# Read to a Child

If you have a child in your life, why not ask Mail-A-Book for books to share with them? You can request picture books, chapter books, graphic novels, fiction, and nonfiction. Children's movies are also available.

Queens Public Library Mail-A-Book—  
718-464-0084

# OLDER ADULTS DAY

An art project, concert, health presentations, and more for adults ages 50+!

## Healthy Eating, 10:30am

Elissa Meditz, MS, RD, CSO, CDN, outpatient clinical dietitian/nutritionist from Memorial Sloan Kettering Cancer Center, leads this program.

## Working with Watercolors, 12pm

Teaching artist Richard Estrin leads this one-session watercolor/collage workshop. Registration is required. Please call the Kew Gardens Hills Library to register at (718) 261-6654.

## Celebrate Jewish Culture in Music, 3pm

Cantor Irene Failenbogen is a singer-songwriter from Buenos Aires, Argentina. She is a crossover artist who has performed in operas, musical comedies, and theater.



More than twenty-six organizations will table, including

- Adelphi Breast Cancer Hotline
- CARE NYC
- Department for the Aging
- Department of Finance
- Department of Health
- Department of Transportation
- FDNY
- Kew Garden Hills Friends Group
- Hearing Loss - with Emily Esca
- HRA Get Covered NYC
- JASA
- Live On NY - Benefits
- MTA Metro Card Sign ups for Seniors
- North Shore LIJ Cancer Services
- NY Presbyterian Queens
- New York Connects
- NY State Long Term Ombudsman
- OHEL Project Heal
- PEARLS Geriatric Mental Health
- QPL MAB, NAP, SPS, Health Services
- READY NYC Emergency Management
- Self Help Community Services
- SNAP
- South Asian Council for Social Services
- NYS Unclaimed Funds
- VISIONS

**ADMISSION IS FREE.**

**Wednesday, May 15, 10am – 4pm**

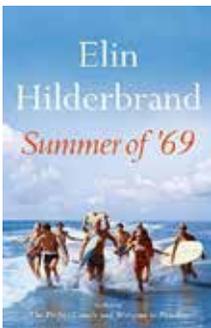
KEW GARDENS HILLS

72-33 Vleigh Place, Flushing • (718) 261-6654 • Q20A Q20B Q44

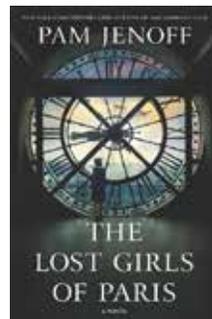
# Summer Reading



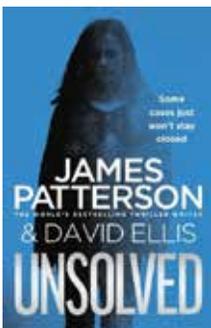
**Willie Simmons**  
Mail-A-Book Librarian



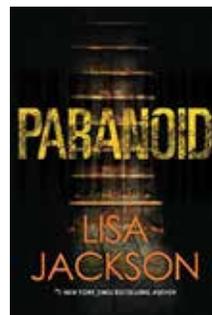
*Summer of '69* by Elin Hilderbrand  
June 18, 2019



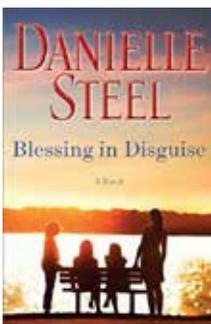
*The Lost Girls of Paris* by Pam Jenoff



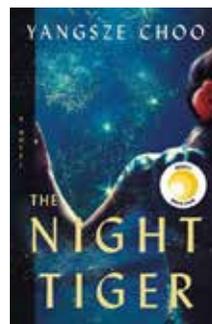
*Unsolved* by James Patterson & David Ellis  
June 3, 2019



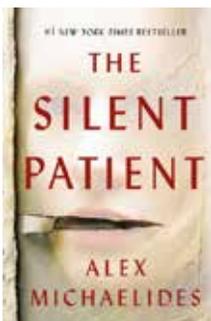
*Paranoid* by Lisa Jackson  
June 25, 2019



*Blessing in Disguise* by Danielle Steel  
May 7, 2019



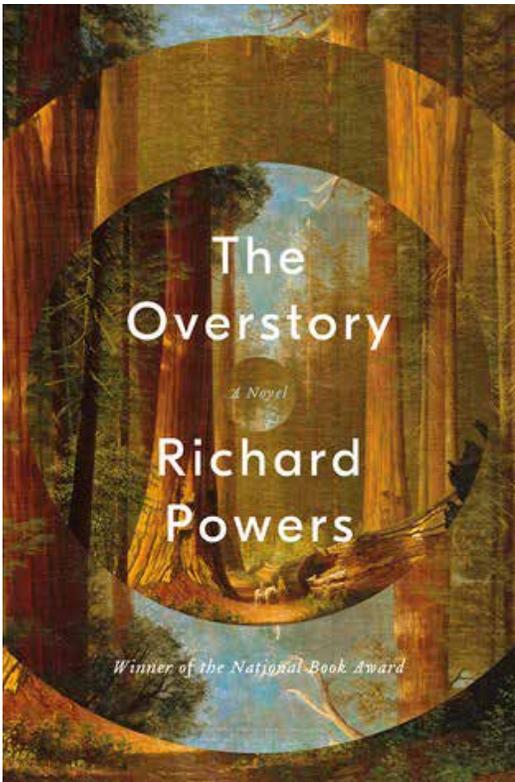
*The Night Tiger* by Yangsze Choo



*The Silent Patient* by Alex Michaelides

# The Chatter Box Book Reviews Written by You

***The Overstory*** by Richard Powers | Reviewed by Katherine Cohen



This novel is written as five stories about five people who learn about the essential role of trees in supporting life on earth and who become entangled with one another and the cause of trees.

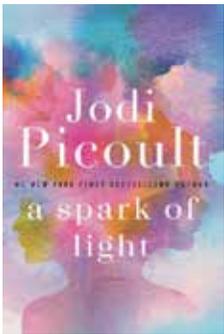
Nicholas Hoel, Mimi Ma, and Adam Appich become tree activists. Patricia Westerford, a dedicated biologist like *Silent Spring* author Rachel Carson, devotes her life to research on trees. The activists face terrible conditions in their fight to preserve old growth trees and suffer terribly for their efforts. They are brutalized by the police and serve time in jail, but don't give up the struggle. Despite their devotion to this cause, de-forestation continues and their work is not acknowledged.

As trees continue to be killed, the author tries to end on a positive note; the planet as we know it will die, and then be reborn because the force of nature is too strong to be killed off forever. This scenario is based

on the imaginary world created by Neelay, the fifth main character, a second-generation immigrant from India whose father is an early computer builder and code creator. After becoming fabulously wealthy from building computer games, Neelay, who has been crippled in a fall from a tree, abandons the central idea of the games he has created, winning and acquiring material things in an immaterial world.

Neelay creates a new game and then sets the millions of players who have entered his imaginary world a new challenge: to discover what the natural world needs to begin to heal and begin to take steps in the real world to fix it. It is implied that players around the world who have taken up the game will take up the challenge and restore the natural world, but we are left not knowing whether this will happen.

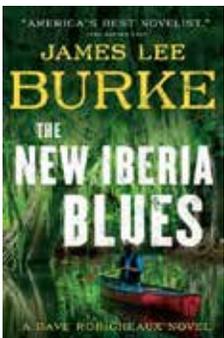
***A Spark of Light*** by Jodi Picoult | Reviewed by Bonnie Sue Pokorny



A man goes to a Women’s Center and starts shooting, killing two women. He holds the rest hostage. A trained hostage negotiator arrives and tries to talk to him. After a while, he gets a text from his fifteen year old daughter that she is one of the hostages as well as her aunt (his sister). While his professionalism keeps him working, the personal nature of this keeps him on edge.

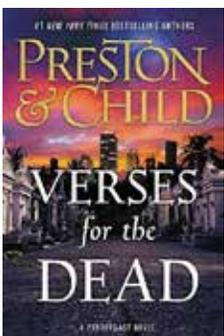
As usual with this author, she does the background on these two men and stories of how both end up in this situation. It is very absorbing and gives perspective on both of them.

***The Iberia Blues*** by James Lee Burke | Reviewed by Bonnie Sue Pokorny



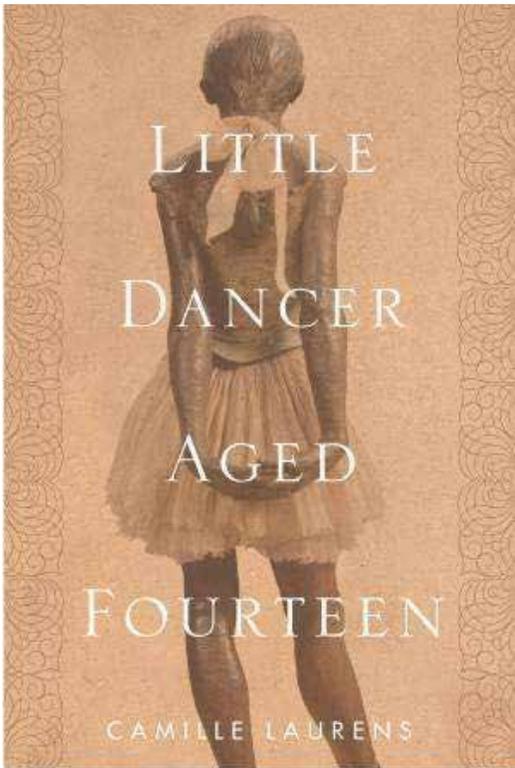
This is a Dave Robicheaux se-ries and takes place in Louisiana. The film industry is down there and the detective discovers a woman’s body, tied to a cross floating in the river. Dave is assigned to investigate along with a new partner Bailey Ribbons. Soon another body is discovered and as the plot becomes more complicated, others are killed, and the question lingers, are they connected to the filmmakers? This is enjoyable. Just sit back and let the action happen.

***Verses for the Dead*** by Preston and Child | Reviewed by Bonnie Sue Pokorny



This is another book in the Pendergast series. If you have not read any of them before, he is the modern day Sherlock Holmes, complete with attitude of superiority, secrecy, and magnifying glass. This takes place in Miami, Florida, where a series of murders of young women takes place. Their hearts are removed and placed on another women’s grave who had committed suicide a decade early... or had they committed suicide? In addition, Pendergast has been assigned a partner, Coldmoon, and he does not like working with a partner. As more and more murders occur, the suspense grows. Who is doing this and why? You have to read the book to find out!

***Little Dancer, Aged Fourteen*** by Camille Laurens | Reviewed by Marion Mango



Sensitive and human, this tribute to a model, a man, and moment brings to life with astounding acuity a melding of diligent research, intelligent inquiry, and a deep-seated love of the art of ballet to present us with a previously veiled vignette of a period when art unsettled the hypocrisy of a society.

“Little Dancer” remains to this day one of the world’s most popular sculptures. It was originally created in wax and upon Edgar Degas’ death was cast multiple times in bronze and is on view in major museums around the world, including our own Metropolitan Museum of Art. He also clothed it in the actual attire worn by dancers in the Paris Opera Corps de Ballet.

Enter Marie van Goetham, for that was her name---a “little rat”---an underpaid, overworked ballet dancer who, despite her youth, was a main support of her mother and siblings. Because her wages were meager,

it was often necessary for her to work two jobs. Thus, she was frequently absent from rehearsals, which led to her eventual dismissal. There was no returning to Belgium ---the land of her birth---a land devoid of even the merest of opportunities for them.

Camille Laurens is an award-winning French novelist and essayist. She is the recipient of the Prix Femina, one of France’s most prestigious literary prizes for her novel “In His Arms.” Her forthcoming novel “Who Do You Think I Am” is the basis for a future film.

**Enjoy!**

# Poetry

## Written by You

### ***The Playful Moon*** By Cynthia Groopman

The moon decided to be playful one night,  
It disappeared out of sight.  
It was playing hide and go seek,  
Laughing and smiling as it began to speak.  
Tricks I like to play,  
For I sleep and am lazy during the day.  
At night,  
I shine with all of my might.  
I laugh and sing a song,  
And I feel powerful and strong.  
So dear friends take a lesson from the moon in life,  
Remember that the moon does disappear but it reappears again teaching us  
that we can handle any kind of strife.

### ***The Power of Imagination*** By Cynthia Groopman

When it is a winter cold day outside,  
It is a warm sunny summer day in my imagination  
Where thoughts of elation do reside.  
A snowy day becomes a garden of beautiful snow flowers,  
For that is imagination's magical power.  
I picture myself as a young child,  
As my power of imagination is really sweet and mild.  
I taste my favorite foods that my mother and grandmother did make,  
For my imagination a tasty delicious home cooked meal does create.  
Suns rises and sunsets with their beautiful hues dazzle me in my mind,  
For again the power of imagination is a blessing for me who is totally blind.  
For imagination,  
Fills my life with smiles and elation.

## ***God Please Open Your Many Doors*** By Cynthia Groopman

Please God please open your door to happiness,  
of tranquility and renewal and zest.

Oh God please open your door of understanding love and peace and mirth,  
So that all can be treated with dignity and respect on this wonderful earth.

Oh God please open your door of equality,  
So that the rainbow faces of the world can be treated with respect and  
dignity.

Oh God please open your golden door of hope,  
With flamboyant rainbows that dazzle us so we can better cope.

Oh God please open your door of healing,  
So that those who are in need will have a wonderful well being feeling.  
Above all God please open your door of brotherhood and sisterhood so we can  
join hands and sing in the circle of love,  
That we are being blessed by you from heaven above.

## ***Love's Smile*** By Cynthia Groopman

Love has a smile of such tenderness,  
Embracing into the sweet arms of happiness.  
Radiance implanted into our hearts and soul,  
Love's smile helps us achieve any goal.  
A warm feeling is given us by love's smile,  
Which lasts and lingers for more than a while.  
Thoughts of mirth swirling round and round,  
There is where love's smile can truly be cherish enjoyed and found.  
Thus dear friends, here is love's smile sent to all of you,  
For you are wonderful friends so dear through and through.

## ***Commemorating A One Year Anniversary Of A Horrible Event***

By Cynthia Groopman

Time flies so fast,  
We look sadly into the past.  
Fourteen beautiful young people were brutally killed by a deranged mad man during the school day,  
Ah that was a heinous act in every way.  
We mourn their passing and that their precious lives were snuffed out,  
What is this immortality all about?  
Life is a precious gift as you know,  
We must not kill others and respect and dignity to others we must show.  
May those who were killed be bound up in eternal life,  
May their families and friends suffer no longer trouble and strife.  
May their memories be for a blessing to all,  
May God send his angels to protect all.

## ***A Warm Spiritual Love*** By Cynthia Groopman

Ah I possess a warm spiritual feeling,  
That is truly awesome and warm and appealing.  
It is the feeling of deep love I have for my almighty Father God, my rock and salvation, The source of all blessings and elation.  
Without God in my life,  
Ah everything would not be full of spiritual light and there would be strife.  
Embracing me with such tenderness,  
Ah God with His warm spiritual feeling embraces my soul with such happiness.  
I feel at peace and at rest,  
When the warm spiritual feeling plants deep into my soul such zest.  
That warm spiritual feeling lights up my life's sky,  
With sunshine that is so beautiful as puffy clouds sail quickly by.  
When I go to bed at night, I am wrapped into the blanket of God's warm spiritual feeling so reassuring and calming,  
For I know that I am truly safe and everything will not be to me alarming.  
So dear God, thanks for providing me with such a vibrant rich warm spiritual feeling of joy,  
Which all my negative thoughts will be destroyed.

## ***Ribbons in My Mind*** By Cynthia Groopman

Beautiful ribbons of all kinds sail through my mind,  
They represent the joy and happiness in others I can find.  
They signify the beautiful faces of those of all rainbows hues,  
For they are God's creation so precious and beautiful too.  
Each person is a ribbon of mirth,  
Created by God from the dust of this wonderful earth.  
Smiling like a sunshine glow,  
The ribbons are like beautiful elegant flows that bloom in the spring and  
flourish and grow.  
So ribbons in my mind,  
Continue to bring elation friendship and dignity to all human kind.

## ***The Song that Inspires Me*** By Cynthia Groopman

We Shall Overcome is the song that inspires me,  
As it touches my heart deeply.  
It gives me inspiration  
As well as motivation.  
It teaches me to realize that there are obstacles in life,  
But we shall overcome them without strife.  
Just stand tall and be proud of yourself,  
No matter what disabilities or differences you may have put them on the top shelf.  
Remember Rev. King,  
And all the obstacles he did overcome,  
As with his deeds actions and words discrimination hatred and segregation were gone. So  
whenever I feel down,  
I do not feel sorry for myself nor do I frown.  
I say to myself, I shall overcome and all will turn out well,  
For with God on my side there will be wonderful events about which I can relate and tell.  
For when I hear we shall overcome as the inspirational song,  
I remember Dr. King's booming eloquent voice and I shall be strong.

## ***Remembering Grandmother Rebecca*** By Cynthia Groopman

A smile of sunshine would sprightly dance on her beautiful face,  
As her laughter added joy and festivity to every place.  
A beautiful singing voice she did possess,  
When she sang she sounded like the blue bird of happiness.  
Generous she truly was in every way,  
was opened handed and for gifts to family and friends and charity she would pay.

She would teach me Hebrew songs and prayers,  
She always told me that the Divine presence was everywhere.  
Delicious foods she would make,  
Wonderful stories of her homeland she would relate.  
In January of 1981 at the age of almost one hundred years, God and she gently left life on  
earth's stage.

A truly remarkable lady she truly was to all in every way, The memories I  
have of her love and beauty brighten each and every one of my days.  
Called her to her eternal home.

## ***Laughter's Joy*** By Cynthia Groopman

Oh, laughter possesses a splendid joy,  
Fear and anxiety laughter does eliminate and destroy.  
swirling round and round,  
Laughter's joy sings a cheerful melodic sound.  
Dancing sprightly in smiling hearts,  
Laughter's joy will forever linger and never will depart.  
When we are sad, alone or feel down,  
Laughter's joy with splendor, our lives will crown.

## ***Always Singing*** By Cynthia Groopman

When winter's gloom is so tight,  
Singing songs of joy add mirth and delight.  
When sadness's doleful frowns harshly grip our face,  
Singing happy songs, gleefully enfold us into majestic smiles' radiant embrace.

As we celebrate a memorable time,  
We rejoice and bask and sing in the glorious sunshine.  
Summer, winter, autumn and spring,  
We lift our voices and melodically sing.  
Unlike birds who can only wait till spring,  
We can hum a musical tune and always sing.

## ***Memories of Mother***

By Marion Mango

As you ascend the ladder of life,  
having been both a good mother and wife,  
each step brings you closer to Heaven above,  
each step brings you closer to his everlasting love.

The unselfish love you gave through the years  
returns ten-fold, have no fear.

It increases  
each new day  
as you climb on towards  
your Heavenly way.

## ***Mom*** By Marion Mango

MOM spelled upside down  
is ---  
WOW!!!

## ***Eulogy for Father***

By Marion Mango

Life is like an endless rose,  
a petal falls, another grows.  
Each dawn the rose is born anew  
and dusted by the morning dew.  
A petal whirls on the breeze of life - -  
will its falling bring peace - - or strife?

And when at last our day is here,  
a petal falls, but who will hear?  
A petal falls to become a tear and  
dust the rose that is ever near.

Marion Mango composed this poem “in loving memory on the fifth anniversary of the death of Dr. Maya Angelou 1928-2014”

## ***Equal to our Pride***

By Marion Mango

You did not allow society’s attempts  
at labels of race, gender,  
unwed mother, poverty, abuse  
to hinder you.

You rose above  
the anger and frustration  
to become  
a dancer, singer, actress, chef,  
poet, writer, activist-  
and, to you the most important role -  
a teacher.

You infuse us with strength  
and hope  
beyond our mere mortal capacities,  
you give us a vision of ourselves  
that defies the world’s  
feeble attempts to define us.

You mesmerize us  
with your voice-  
each word has a measured impact  
upon our thirsty souls.

Your powerful presence  
will always stand as a beacon  
for those who face the challenges  
you have so triumphantly risen above.

You encourage us,  
in your own words,  
to be  
“equal to our pride  
and greater than our pretensions”

We open the Book of Life  
and we are fortunate  
to find you there.

## ***Spring’s Ringing***

By Marion Mango

The sky is blue  
The sun give off its hue  
Daylight’s longer  
Wind’s stronger

Trees budding,  
Flowers cuddling,  
Making their entrance,  
For a fond remembrance.

Birds flapping their wings,  
And gaily sings  
Squirrels running from tree to tree,  
Finally able to be free.

Spring is singing,  
Winter is ending.

## **Share your creativity!**

Drawing, Watercolor, Poetry,  
Essays, Memories, and Recipes

Send your work to Mail-A-Book.  
Originals will be scanned and  
returned to you.

Who knows? You may end up on  
the cover of our Newsletter.

## ***Thoroughly Muddled Millie***

By Marion Mango

Millie the millipede  
had lots of problems,  
with so many mouths to feed,  
plus she had to shod them.

She was always in a hurry  
and away had to scurry.  
But to avoid appearing silly  
she wouldn't go willy-nilly.

Being a millipede  
definitely does impeded  
your exit speed.  
Yes, indeed!

## ***Daffynitions***

By Marion Mango

syntax: pleasure tax  
Camelot: place used by camels

## ***Advice #4***

By Marion Mango

Don't put your shovels away  
until May  
for  
a snow snafu -  
could cause boo-hoo!

## ***To Summer***

By William Blake

O thou who passest thro' our valleys in  
Thy strength, curb thy fierce steeds, allay the  
heat  
That flames from their large nostrils! thou, O  
Summer,  
Oft pitched'st here thy goldent tent, and oft  
Beneath our oaks hast slept, while we beheld  
With joy thy ruddy limbs and flourishing hair.

Beneath our thickest shades we oft have heard  
Thy voice, when noon upon his fervid car  
Rode o'er the deep of heaven; beside our  
springs  
Sit down, and in our mossy valleys, on  
Some bank beside a river clear, throw thy  
Silk draperies off, and rush into the stream:  
Our valleys love the Summer in his pride.

Our bards are fam'd who strike the silver wire:  
Our youth are bolder than the southern swains:  
Our maidens fairer in the sprightly dance:  
We lack not songs, nor instruments of joy,  
Nor echoes sweet, nor waters clear as heaven,  
Nor laurel wreaths against the sultry heat.

## WARNING, WHEN I AM AN OLD WOMAN

When I am an old woman I shall wear purple  
 With a red hat which doesn't go, and doesn't suit me.  
 And I shall spend my pension on brandy and summer gloves  
 And satin sandals, and say we've no money for butter.  
 I shall sit down on the pavement when I'm tired  
 And gobble up samples in shops and press alarm bells  
 And run my stick along the public railings  
 And make up for the sobriety of my youth.  
 I shall go out in my slippers in the rain  
 And pick the flowers in other people's gardens  
 And learn to spit.

You can wear terrible shirts and grow more fat  
 And eat three pounds of sausages at a go  
 Or only bread and pickle for a week  
 And hoard pens and pencils and beer mats and things in boxes.

But now we must have clothes that keep us dry  
 And pay our rent and not swear in the street  
 And set a good example for the children.  
 We must have friends to dinner and read the papers.

But maybe I ought to practise a little now?  
 So people who know me are not too shocked and surprised  
 When suddenly I am old, and start to wear purple.



“Warning” was penned in 1961 at the age of twenty-nine. Although having published many works in her lifetime and having received numerous awards, Jenny Joseph is best known for this defining poem. The second line became the inspiration for the founding of the Red Hat Society, the self-described playgroup for women where there is “Fun and Friendship After Fifty.” Acknowledgement: © Jenny Joseph

# Older Adult Services at Queens Public Library

## ADULT LEARNER PROGRAM

Queens Public Library's Adult Learner Program provides free classes, small group tutoring, and other learning opportunities to help customers learn English, learn to read and write, and obtain a high school diploma. As part of the Library's Adult Learning services, job search help, business

development help, job skills training, international cultural programs, informational workshops for new immigrants, and community-based English classes are available to customers through the Job & Business Academy and the New Americans Program.

## ADULT LEARNING CENTERS

Queens Public Library system has seven Adult Learning Centers staffed by professionals and volunteers, who tutor literacy groups, facilitate

ESOL conversation groups, and lead other workshops and classes. For more information, email [alpref@queenslibrary.org](mailto:alpref@queenslibrary.org)

## ASK A LIBRARIAN

Ask-a-Librarian staff are available seven days a week (hours vary) to provide brief answers to factual questions or suggest resources to help customers find the information they seek.

Customers can submit questions by phone, live chat, email, or phone text. All information is kept confidential. Call 718-990-0728. To chat, go to [queenslibrary.org](http://queenslibrary.org).

## ASK A MEDICAL LIBRARIAN

Medical Librarian Al Piedra is available at Central Library's Consumer Health Resources Center to answer questions and help with research. All

information is kept confidential. Call 718-990-5130, fax 718-990-8570, or email [apiedra@queenslibrary.org](mailto:apiedra@queenslibrary.org).

## CLUBS

Check with your favorite library. Many of our libraries offer clubs such as Sewing, Knit & Crochet, Quilting, Mahjong, Adult Coloring, Art Clubs (drawing and watercolor), Family Board

Games, Chess, and Scrabble. Older Adult Services can help you find a club. Call 718-464-0084 for assistance.

## COMMUNITY HEALTH

Queens Public Library offers health education, information, and activities on topics affecting our communities to raise awareness of public health issues and guidelines and support health literacy.

## COMPUTER TRAINING

The Cyber Center at Central Library (Jamaica) offers a range of classes appropriate for older learners, including beginning classes on using computers, the Internet, email, Microsoft programs, Google, Facebook, and other technologies and social media. Call 718-990-0769 for more

information. Other introductory classes on using Mac and PC computers, the Internet, email, Microsoft and Adobe programs, social media and ebooks and e-readers area also offered at Central Library and other select locations. Call 718-990-8625 for more information.

## CONSUMER HEALTH RESOURCE CENTER

The Consumer Health Resources Center at Central Library contains encyclopedias, source-books, directories, journals and online databases that customers can use to learn more about

a prescription drug, disease symptoms or a doctor's credentials and find other information to help them take care of their health. For more information, call 718-990-5130.

## DISCUSSION GROUPS

Books, short stories, film screenings and topical discussion groups.

## EXERCISE

Gentle Yoga, Chair Yoga, Zumba Gold, Shape Up NYC, and more!

## LIFE-LONG LEARNING

Creative Aging offers sequential learning courses to help older adults have a renewed relationship with their library, a destination for learning and socialization. We provide grant-funded courses such as Drawing, Watercolor, Collage, Quilting,

Sewing, and Acrylic Painting, Memoir Writing and other interesting creative projects are offered. For more information, contact Older Adult Services at 718-464-0084 / 718-776-6800.

## MAIL-A-BOOK HOMEBOUND SERVICES

If you are unable to get to your library due to age or disability, Queens Public Library will send books, movies, and music to you free of charge through the US Postal Service. Return postage is provided. Telephone reference services are also provided to homebound customers. If you need help deciding

what to read next, our Mail-A-Book Librarian will assist you. To find out more about this great service please call 718-464-0084, email us at [maila-book@queenslibrary.org](mailto:maila-book@queenslibrary.org).

## MUSIC AND ENTERTAINMENT

See the Queens Public Library Magazine for a full listing of adult programs.

## NEW AMERICANS PROGRAM (NAP)

Queens Public Library's New Americans Program provides programs and services to help immigrants integrate into American society, while at the same time sharing their diverse cultures with the community-at-large. Programs of interest to older adults include ESOL classes at over 20 community libraries (For information call 718-480-4300); Citizenship Preparation through monthly Pathway to U.S. Citizenship workshops, formal citizenship classes at several libraries and quarterly Citizenship Assistance Clinics at Central and Flushing Libraries. In addition, we offer the NYCitizenship program through the Mayor's Office of Immigrant Affairs where customers can make appointments for free

legal services related to naturalization as well as a program through the Immigrant Justice Corps for free legal services related to many immigration issues (For information on citizenship or legal services call 718-990-0730). Held in libraries throughout Queens, cultural arts programs, featuring music, dance and crafts, celebrate the arts and literature of Queens' ethnic communities: Coping skills workshops in English and the major immigrant languages of Queens include health, housing, immigration law and computer classes in Spanish and Bengali. (For information see the Queens Public Library Magazine, call 718-990-0894 or email [napref@queenslibrary.org](mailto:napref@queenslibrary.org)).

## ROTATING DEPOSIT COLLECTIONS

Collections of library materials (books and movies) are maintained at nursing homes throughout Queens; they are changed and updated every 6

weeks so new materials are always available to residents.

## VIRTUAL PROGRAMMING

Queens Public Library offers a full calendar of virtual programming via teleconference, Skype and Livestream, geared toward the needs and interests of older adults, including, topical discussions, health topics in English and Chinese, art history lectures, games, poetry, history, and more. These

programs are offered as an extension of the Mail-A-Book program; however you do not have to be homebound to join in. These programs are open to all adults. Please register with Older Adult Services for all virtual programs at 718-464-0084.

# Are You Getting SNAP?

SNAP can put more food on your table!

SNAP (*Supplemental Nutrition Assistance Program*) is available to people who are living on a low or fixed income.

LiveOn NY will:

- Screen you for eligibility
- Help you complete the application
- Submit your application to HRA
- Follow up throughout the process
- Troubleshoot & advocate on your behalf
- Assist with recertification & reporting any changes



**LiveOn NY**<sup>TM</sup>

Making New York a better place to age

**ALL SERVICES ARE FREE & CONFIDENTIAL!**

To see if you may be eligible  
or if you have any questions,  
please call us at

**(212) 398-5045**

or email: [benefits@liveon-ny.org](mailto:benefits@liveon-ny.org)

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# Mail-A-Book Tips



Mail-A-Book library materials circulate for 45 days

- If you need more time, we are happy to renew your items. Call Mail-A-Book to renew at 718-464-0084
- We suggest that you check out at least two items at a time. If requested, we can send them to you in two separate bags. You will always have something to read, while we are working on your next order.
- You are allowed to check out up to 50 items on your account, but only 10 DVDs at a time please.
- Library materials are usually chosen for you by our Mail-A-Book Librarian, based on preferences set up during registration (favorite authors, titles, subjects, Large Print, Regular Print, Audio, Movies). Let us know if your preferences have changed.
- “Special Request” customers choose their own library materials and are only sent items they specifically request.
- In order to remain an active member of Mail-A-Book, it is recommended that “Special Request” customers check out at least 2 items every 3 months.
- Return postage/postcard and plastic strip are included inside the reusable mail bag. Check inside the book jacket.
- When reclosing the mail bag with the plastic strip, please leave a little room for us to clip open the bag. Don’t pull the strip too tight. One black strip is all that’s needed to secure the mail bag.
- Don’t know what to read next? Ask our Mail-A-Book librarian for suggestions.
- Do you have a reference question? Don’t hesitate to call.
- **Customers who have access to the Internet can gain access to Queens Public Library’s “My Account.” Call Mail-A-Book to receive your account number and pin.**
- It’s easy to request specific library materials. Here is how:
  - Call us at 718-464-0084.
  - Email us at [mailabook@queenslibrary.org](mailto:mailabook@queenslibrary.org).
  - Send us a note with returned material.
  - Through the mail (94-11 217 Street, Queens Village, NY 11423)

# Sizzlin' Summertime Fun

B	N	S	W	I	M	M	I	N	G	P	N	Y	E
I	F	Y	L	I	M	A	F	G	N	I	K	I	H
F	E	K	C	A	M	P	F	I	R	E	R	I	M
N	E	S	M	F	L	O	A	T	I	N	G	R	I
N	R	S	U	M	M	E	R	A	L	A	R	O	C
W	T	Y	K	S	T	H	G	I	N	A	F	F	H
S	N	O	R	K	L	I	N	G	G	Y	I	R	C
K	W	A	T	E	R	S	D	N	E	I	R	F	A
C	P	L	A	K	E	S	L	I	Y	A	Y	N	E
U	N	F	K	I	Y	C	M	P	A	E	T	D	B
N	L	K	U	I	S	K	N	I	R	D	R	G	L
I	I	O	N	N	A	A	P	A	P	M	A	G	L
R	N	B	O	A	T	I	N	G	A	I	P	N	F
E	M	P	N	P	T	E	G	N	I	P	M	A	C

- FUN
- FRIENDS
- CAMPING
- SNORKLING
- REEF
- BOATING
- HIKING
- PARTY
- CAMPFIRE
- LAKE
- NIGHT SKY
- FAMILY
- SUMMER
- CORAL
- DRINKS
- BEACH
- FLOATING
- POOL
- SWIMMING
- WATER

Play this puzzle online at : <http://thewordsearch.com/puzzle/57409/>

# Summer Break

L	R	B	A	S	E	B	A	L	L	N	G	I	M
R	S	H	O	P	P	I	N	G	U	E	D	N	O
S	L	E	E	P	I	N	N	F	U	E	R	O	V
A	G	N	I	M	M	I	W	S	T	H	A	S	I
J	G	N	I	T	A	O	B	E	S	E	M	C	E
O	U	E	V	S	L	G	E	N	U	J	A	H	S
O	G	L	B	A	O	C	H	B	G	E	F	O	G
P	S	P	Y	A	O	M	N	S	U	H	R	O	O
M	E	G	I	E	P	I	J	S	A	I	E	L	D
A	O	E	V	A	C	A	T	I	O	N	E	A	T
C	T	N	M	A	N	O	F	S	T	E	E	L	O
S	R	E	G	R	U	B	E	S	E	E	H	C	H
S	V	O	E	N	H	M	A	E	R	C	E	C	I
E	D	A	N	O	M	E	L	B	E	A	C	H	A

- CHEESEBURGERS
- VACATION
- NO SCHOOL
- SLEEP IN JULY
- BASEBALL POOL
- SHOPPING
- MANOFSTEEL
- ICE CREAM
- SWIMMING
- AUGUST
- HOT DOGS
- JUNE
- LEMONADE
- DRAMA FREE
- BOATING
- CAMP
- MOVIES
- BEACH

Play this puzzle online at : <http://thewordsearch.com/puzzle/503/>

# May 2019 Mail-A-Book Virtual Programs For Older Adults

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> What Are You Reading 11am	<b>2</b>	<b>3</b> Marion's Art 10am Chat & STARS 10am STARS Singers For Senior Centers 10am - On ZOOM	<b>4</b>
<b>5</b>	<b>6</b> Skype Crosswords 11am	<b>7</b> BINGO 2pm	<b>8</b> You Be The Judge 11am	<b>9</b> After Hours With Oliver 8pm	<b>10</b> Health Chat RN Kathy Moran 10am	<b>11</b>
<b>12</b>	<b>13</b> Skype Crosswords 11am	<b>14</b> Hearing Loss Emily Esca 2pm	<b>15</b> Older Adults Day at Kew Gardens Hills - no teleconference today	<b>16</b> After Hours Talking History Tour with Karen Quinones 8pm	<b>17</b> Hearing Loss Emily Esca 10am	<b>18</b>
<b>19</b>	<b>20</b> Skype Crosswords 11am	<b>21</b> Chat 2pm	<b>22</b> BINGO 11am	<b>23</b> After Hours- Bonnie's Short Stories 8pm	<b>24</b> Whitney Museum Artist: David Wojnarowicz 10am	<b>25</b>
<b>26</b>	<b>27</b> Memorial Day	<b>28</b> Native American History - Smithsonian 2pm	<b>29</b> Poet In You 11am	<b>30</b>	<b>31</b> Chat & STARS 10am	

# June 2019 Mail-A-Book Virtual Programs For Older Adults

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Skype Crosswords 11am	4 BINGO 2pm	5 What Are You Reading 11am	6	7 Marion's Art 10am	8
9	10 Skype Crosswords 11am	11 Movie Discussion Group 2pm	12 You Be The Judge 11am	13 After Hours With Oliver 8pm	14 Health Chat RN Kathy Moran 10am	15
16	17 Skype Crosswords 11am	18 MOMA: Art History 2pm	19 Poet In You 11am	20 After Hours- Bonnie's Book Club 8pm	21 Whitney Museum Biennial 10am	22
23/30	24 Skype Crosswords 11am	25 Local History With Oliver 2pm	26 BINGO 11am	27 After Hours- Bonnie's Short Stories 8pm	28 Chat & STARS 10am	29