



DEALING WITH HEARING LOSS

When was the last time you checked your hearing? Come join us for a short talk on hearing loss followed by a hearing screening provided by a New York State licensed hearing specialist from St. John's University.

**Thursday, February 7
1:30 pm**

FLUSHING (IRC GALLERY)

41-17 Main Street
718.661.1200

7 to Flushing-Main St.

LIRR Port Washington Line
to Flushing-Main St.

**Q12, Q13, Q17, Q19, Q20A,
Q20B, Q25, Q26, Q27, Q34,
Q44, Q58, Q65, Q66**

**Thursday, March 21
1 pm**

ASTORIA

14-01 Astoria Boulevard
718.278.2220

Q18, Q19, Q69, Q102, Q103

**Thursday, April 11
2:30 pm**

BELLEROSE

250-06 Hillside Avenue
718.831.8644

Q43

ADMISSION IS FREE.



Participants should consult with their physicians before undertaking any exercise, nutrition or health-improvement program.