

5. Making a Doctor's Appointment

Objectives Learners will:

- Discuss reasons for visiting the doctor.
- Examine charts detailing check-up visits.
- Talk about calling the doctor/clinic vs. 911.
- Review temperatures.

Materials Needed

Board or chart paper

Markers

Appointment cards (30 total)

Handouts: 5a (Who do I call? [Picture Story]), 5b (Check-up), 5c (Appointment cards)

Activity 1 Picture Story

- a. *Woman in bed with thermometer in mouth.*
- b. *Woman taking thermometer out of her mouth.*
- c. *Close-up of the thermometer with a reading of 101°.*
- d. *Showing thermometer to friend or husband. Husband looks worried.*
- e. *Husband dialing 911.*
- f. *911 operator answering the phone: "Emergency?" Man says "No."*
- g. *Man hanging up the phone.*
- h. *Man picking up the phone, with a big question mark [?] on the page (as in, "Now what should he do?").*

1. As a class, go over the pictures on worksheet 5a. Write key words on the board (e.g., thermometer, mouth), depending on learners' needs.
2. In discussing picture 3 ask, "Is this a fever? High fever?" (Review the Fahrenheit fever scale. If necessary, refer to handout from Session 4.) Discuss possibilities for picture 8 — but don't write them down. Encourage multiple responses.
3. Either in small groups or with partners, ask learners to write the story. Circulate to assist them.
4. Each group shares their story with the class — either by reading the whole story, or just their version of picture 8.
5. Discuss with class, "Who should he call?" based on their responses to picture 8. Be sure to cover why *not* to call the Emergency Room: for an adult, there is no need to call 911 or go to the Emergency Room in this situation [see teacher's notes to Session 4]. If learners respond, "Call the doctor," say, "The man has no doctor. What can he do?" Discuss options.

Activity 2 Discussion: Reasons for Seeing a Doctor Check-ups

“I like to go to the doctor because...”

“I don’t like to go to the doctor because...”

1. Write the two sentences on the board. Elicit completions to the statements and write them on the board. Learners may give actual or invented opinions.

Ask, “Why do we go to the doctor?” As a class, elicit reasons for going to the doctor. (Review some symptoms: checkup, sickness, fever, cough, depression, rash). If no one says “check-up,” introduce and explain.

2. Say, “Look at the chart.” Read the chart on worksheet 5b together.

Ask, “How often should we go to the doctor for a check-up?” Tell the class, “Ella is 21. How often should she get a check up?” “Carlos is 57. How often should he get a check up?”

Learners should fill in the chart for themselves: “I am _____. I should get a check up _____.”

3. Ask learners to make a grid:

Name	How Often
1.	
2.	
3.	
4.	
5.	

Write on the board: “How often do you need a checkup?”

Learners will ask 5 classmates for their name and how often they should get a check up. Model the activity with one or two students. Then, ask them to ask 5 classmates. When everyone is finished, ask the students to tell about their classmates (e.g., “Li, how often should Maria get a checkup?”).






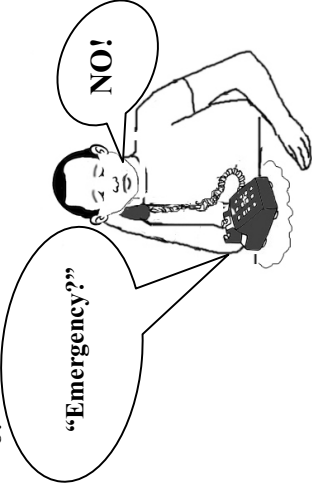
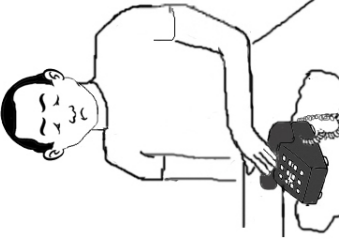


4. Ask, “Do you go for check-ups? Tell why or why not.”

Activity 3 Making an Appointment

1. Hand out the Appointment Card sheets (5c).
2. Check that all learners are familiar with times and days of the week. If not, do a short review.
3. Look at the appointment cards (handout) and ask questions about the cards (e.g., “What time/day is Mrs. Y’s appointment?”).

Activity 4 What time is your appointment? Game

1. Give everyone an appointment card with a different time. Learners look at their cards and practice reading their appointment days and/or times.
2. Learners line up in order of their appointments. Play this game three times. Round 1 is to line up by dates (e.g., March 21, March 23). Learners ask each other, “When is your appointment?” Round 2 is times of day. Ask, “What time is your appointment?” Round 3 is dates/times mix-and-match (omit if level is too low).

<p>1.</p> 	<p>2.</p> 	<p>3.</p> 
<p>4.</p> 	<p>5.</p> 	<p>6.</p> 
<p>7.</p> 	<p>8.</p> 	<p>9.</p> 

How often do I need a physical examination (check-up)?

Talk to your doctor about what is best for you.
This chart can give you general information.

AGE	PHYSICAL EXAM
19-39	Women: every 3 to 5 years Men: every 5 years
40-49	Every 2 years
50-64	Every year
65 or more	Every year

Write about you...

I am _____ years old.

I need a check-up _____.

<p>New York Community Health Center</p> <p>Name: <i>Carol Li</i></p> <p>has an appointment on: <i>Thursday, May 1</i></p> <p>at: <i>10:00 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Jose Ramirez</i></p> <p>has an appointment on: <i>Friday January 2</i></p> <p>at: <i>6:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Ahmed Mumtaz</i></p> <p>has an appointment on: <i>Saturday, July 3</i></p> <p>at: <i>11:00 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Islam Raba</i></p> <p>has an appointment on: <i>Monday, January 5</i></p> <p>at: <i>6:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Elizabeth Sanchez</i></p> <p>has an appointment on: <i>Tuesday, November 6</i></p> <p>at: <i>8:30 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>June Lee</i></p> <p>has an appointment on: <i>Wednesday, Dec. 7</i></p> <p>at: <i>4:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Benjamin Mills</i></p> <p>has an appointment on: <i>Thursday, Oct. 8</i></p> <p>at: <i>9:30 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Lakeesha Jones</i></p> <p>has an appointment on: <i>Friday, Decembere 9</i></p> <p>at: <i>12:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Mary Roberts</i></p> <p>has an appointment on: <i>Saturday, August 10</i></p> <p>at: <i>4:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Ho-Min Ping</i></p> <p>has an appointment on: <i>Monday, Nov. 12</i></p> <p>at: <i>9:00 am</i></p> <p>If unable to come, call 718-555-2674</p>

<p>New York Community Health Center</p> <p>Name: <i>Shipra Chopak</i></p> <p>has an appointment on: <i>Monday, June 12</i></p> <p>at: <i>3:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Ali Khan</i></p> <p>has an appointment on: <i>Tuesday, April 13</i></p> <p>at: <i>11:30 am</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Maria Gonzalez</i></p> <p>has an appointment on: <i>Wednesday, Mar. 14</i></p> <p>at: <i>2:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Elena Lopez</i></p> <p>has an appointment on: <i>Thursday Feb 15</i></p> <p>at: <i>1:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Katie Zhang</i></p> <p>has an appointment on: <i>Friday, Feb. 16</i></p> <p>at: <i>5:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Mita Shah</i></p> <p>has an appointment on: <i>Saturday, Sep. 17</i></p> <p>at: <i>3:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Michael Kane</i></p> <p>has an appointment on: <i>Monday, May 19</i></p> <p>at: <i>10:30 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Alejandro Rodriguez</i></p> <p>has an appointment on: <i>Monday, Dec. 19</i></p> <p>at: <i>2:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Sun-Lee Chang</i></p> <p>has an appointment on: <i>Tuesday, June 20</i></p> <p>at: <i>4:45 pm</i></p>	<p>New York Community Health Center</p> <p>Name: <i>Anna Sadowska</i></p> <p>has an appointment on: <i>Wednesday, Jan 21</i></p> <p>at: <i>6:00 pm</i></p>

<p>New York Community Health Center</p> <p>Name: <i>Carlos Alberto</i></p> <p>has an appointment on: <i>Monday, June 22</i></p> <p>at: <i>3:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Genvieve Simone</i></p> <p>has an appointment on: <i>Tuesday, July 23</i></p> <p>at: <i>9:00 am</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Luis Eduardo</i></p> <p>has an appointment on: <i>Tuesday, March 23</i></p> <p>at: <i>4:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Fen Chan</i></p> <p>has an appointment on: <i>Wednesday, May 24</i></p> <p>at: <i>4:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Hui-Ying Huang</i></p> <p>has an appointment on: <i>Thursday, June 25</i></p> <p>at: <i>1:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Akilah Gray</i></p> <p>has an appointment on: <i>Friday, August 26</i></p> <p>at: <i>12:00 pm</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Ndinge Mbutu</i></p> <p>has an appointment on: <i>Saturday, Oct 27</i></p> <p>at: <i>3:15 pm</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Jiang-Li Min</i></p> <p>has an appointment on: <i>Monday, Sep 29</i></p> <p>at: <i>8:30 am</i></p> <p>If unable to come, call 718-555-2674</p>
<p>New York Community Health Center</p> <p>Name: <i>Alessandra Beretti</i></p> <p>has an appointment on: <i>Tuesday, Feb 28</i></p> <p>at: <i>10:45 am</i></p> <p>If unable to come, call 718-555-2674</p>	<p>New York Community Health Center</p> <p>Name: <i>Aisa Baykal</i></p> <p>has an appointment on: <i>Wednesday, June 30</i></p> <p>at: <i>5:30 pm</i></p> <p>If unable to come, call 718-555-2674</p>